

**A**-void negative sources, things and habits.

**B**-elieve in yourself.

**C**-onsider things from every angle.

**D**-on't give up and don't give in.

**E**-njoy life today, yesterday is gone and tomorrow may never come.

**F**-amily treasures are hidden. Try to seek them and enjoy them.

**G**-ive more than you plan to.

**H**-ang onto your dreams.

**I**-gnore those that try to discourage you.

**J**-ust do it.

**K**-eep trying no matter how hard it seems. It will get better.

**L**-ove yourself first and most.

**M**-ake it happen.

**N**-ever lie, cheat or steal. Always strike a fair deal.

**O**-pen your mind to new possibilities.

**P**-ractice makes perfect.

**Q**-uitters never win and winners never quit.

**R**-ead, study, and learn about everything important in your life.

**S**-top procrastinating.

**T**-ake control of your own destiny.

**U**-nderstand yourself in order to better understand others.

**V**-isualize it.

**X**-celerate your efforts.

**Y**-ou are unique and nothing can replace you.

**Z**-ero in on your target, and go for it.

